








WEEK ONE








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Pizza Choose from Margarita or Pepperoni served with sweetcorn and pasta spirals</p> 	 <p>Chicken Curry Fresh chicken breast or Quorn cooked with cumin, coriander, ginger, turmeric and tomatoes served on a bed of rice with naan bread and green beans</p>	<p>Sausage and Mash Choose from a butcher's quality sausage or a Quorn sausage served on a bed of homemade mash with peas, gravy</p> 	 <p>Chicken & Tomato Pasta Choose from diced chicken or Quorn pieces cooked with onions in a tomato and basil sauce and mixed with pasta, served with broccoli and garlic bread</p>	<p>Fish & Chips Choose from either Battered Cod fillet, Breaded Fish Fingers or Quorn nuggets baked and served with chips and peas or baked beans</p> 
<p><i>Jacket Potatoes are also available daily as a hot alternative</i></p>				
<p><i>Or</i></p>				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose- a wrap or batch then choose your filling a selection of the following will be available daily - ham, cheese, tuna, turkey, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, and peppers.</p>				
<p>Desserts Fresh Fruit, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
Iced Sponge	Jelly	Flapjack	Ice Cream	Cookies
<p>Drinks</p>				
<p><i>A selection of juice and milkshakes will be served daily</i></p>				



WEEK ONE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Chicken Katsu Choose from breaded chicken or Quorn nuggets served on a bed of rice with broccoli and a Katsu curry sauce</p> 	 <p>Spaghetti Bolognaise Choose from fresh minced beef or Veggie mince cooked with onions, garlic, tomatoes, and herbs, served on a bed of pasta with green beans</p>	<p>Sweet & Sour Chicken Choose from pieces of diced chicken or Quorn pieces cooked with onions in a sweet & sour sauce and served on a bed of rice with sweetcorn</p> 	 <p>Sausage Roast Choose from butcher's quality sausages served with roast potatoes, carrot batons, cauliflower and gravy</p>	<p>Fish & Chips Choose from either Battered Cod fillet, Breaded Fish Fingers or Quorn nuggets baked and served with chips and peas or baked beans</p> 
<p><i>Jacket Potatoes are also available daily as a hot alternative</i></p>				
<p><i>Or</i></p>				
<p>Delì Bar - Available Everyday Design your own sandwich, first choose- a wrap or batch then choose your filling a selection of the following will be available daily - ham, cheese, tuna, turkey, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, and peppers.</p>				
<p>Desserts Fresh Fruit, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
Iced Sponge	Jelly	Flapjack	Ice Cream	Cookies
<p>Drinks</p>				
<p><i>A selection of juice and milkshakes will be served daily</i></p>				