

	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Lesson 1	Caring Friendships	Different Friends	Differences	Body Differences	Changes	Talking About Puberty	Puberty and Reproduction
Lesson 2	Being Kind	Growing and Changing	Male and Female Animals	Personal Space	What is Puberty?	The Reproductive System	Communication in Relationships
Lesson 3	Families	Families and Care	Naming Body Parts	Help and Support	Healthy Relationships	Puberty Help and Support	Families, Conception and Pregnancy
Lesson 4							Online Relationships
Additional (optional)						Respect and Equality	Keeping Safe, including FGM

Relationships Education	
Health Education	
Sex Education	

Kensington Community Primary School
RSE Curriculum Map

<u>Year Group</u>	<u>Learning Outcomes at this Stage</u>
Reception	<p>Know that friendships can make us feel happy</p> <p>Know some ways that we can make new friends feel welcome</p> <p>Know that arguing with friends and then making up can make friendships stronger</p> <p>Know that resorting to violence is never right</p> <p>Identify different members of the family</p> <p>Understand how members of a family can help each other</p>
Year 1	<p>Know that we can be friends with people who are different to us</p> <p>Understand that babies need care and support</p> <p>Know that older children can do more by themselves</p> <p>Know there are different types of families</p> <p>Know which people we can ask for help</p>
Year 2	<p>Understand that some people have fixed ideas about what boys and girls can do</p> <p>Describe the difference between male and female babies</p> <p>Describe some differences between male and female animals</p> <p>Understand that making a new life needs a male and a female</p> <p>Describe the physical differences between males and females</p> <p>Name the different body parts</p>
Year 3	<p>Know and respect the body differences between ourselves and others</p> <p>Name male and female body parts using agreed words</p> <p>Understand that each person's body belongs to them</p> <p>Understand personal space and unwanted touch</p> <p>Understand that all families are different and have different family members</p> <p>Identify who to go to for help and support</p>
Year 4	<p>Understand that puberty is an important stage in the human life cycle</p> <p>Know some changes that happen during puberty</p> <p>Know about the physical and emotional changes that happen during puberty</p> <p>understand that children change into adult to be able to reproduce if they choose to</p> <p>Know that respect is important in all relationships, including online</p> <p>Explain how friendships can make people feel unhappy or uncomfortable</p>

Year 5	<p>Explain the main physical and emotional changes occurring in puberty</p> <p>Ask questions about puberty with confidence</p> <p>Understand how puberty affects the reproductive organs</p> <p>Describe what happens during menstruation and sperm production</p> <p>Explain how to keep clean during puberty</p> <p>Explain how emotions and relationships change during puberty</p> <p>Know how to get help and support during puberty</p> <p>Optional Lessons:</p> <p>Explain the importance of respecting others, even when they are very different to us</p> <p>Know that we can all take positive steps to support equality</p>
Year 6	<p>Describe how and why the body changes during puberty in preparation for reproduction</p> <p>Talk about puberty and reproduction with confidence</p> <p>Explain the difference between healthy and unhealthy relationships</p> <p>Know that communication and permission seeking are important</p> <p>Describe the decisions that <u>have to</u> be made before having children</p> <p>Know some basic facts about conception and pregnancy</p> <p>To have considered when it is appropriate to share personal/private information in a relationship</p> <p>To know how and where to get support if an online relationship goes wrong</p> <p>Optional Lessons:</p> <p>To know how someone can be safe and in control of their body</p> <p>To understand what FGM stands for</p> <p>To know where to go for help</p>