

Curriculum Map Overview

Academic Year: 2026-2027



Year Group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Nursery	Custom Unit Fundamental Movement Skills (FMS)	Custom Unit Fundamental Movement Skills (FMS)	Custom Unit Rhythm and Shapes	Custom Unit Rhythm and Shapes	Custom Unit Fundamental Coordination	Custom Unit Fundamental Coordination
Reception	Feet Ball Skills Feet Custom Unit Multi-Skills	Gymnastics Moving Dance Seasons	Health and Wellbeing Health and Wellbeing Hands 1 Ball Skills Hands 1	Custom Unit Team Building Custom Unit OAA	Locomotion Jumping Rackets, Bats and Balls Rackets, Bats, Balls and Balloons	Hands 2 Ball Skills Hands 2 Custom Unit Early Competitions
Year 1	Feet Ball Skills Feet Custom Unit Multi-Skills	Gymnastics Body Parts Dance The Zoo	Health and Wellbeing Health and Wellbeing Hands 1 Ball Skills Hands 1	Team Building Team Building Custom Unit OAA	Running Running Rackets, Bats and Balls Rackets, Bats and Balls	Hands 2 Ball Skills Hands 2 Custom Unit Early Competitions
Year 2	Feet Ball Skills Feet Custom Unit Multi-Skills	Gymnastics Linking Dance Explorers	Health and Wellbeing Health and Wellbeing Hands 1 Ball Skills Hands 1	Team Building Team Building Custom Unit OAA	Locomotion Dodging Rackets, Bats and Balls Rackets, Bats and Balls	Hands 2 Ball Skills Hands 2 Custom Unit Early Competitions

Year Group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 3	Swimming Swimming	Gymnastics Symmetry & Asymmetry	Health and Wellbeing Mindfulness	Custom Unit Team Building	Swimming Swimming	Net/Wall Tennis
	Game Sense Game Sense Invasion	Dance Witches and Wizards	Invasion Basketball	Outdoor Adventure Activities Challenging Collaboration	Athletics Athletics	Custom Unit Inter-Form Competitions
	Custom Unit Multi-Skills	Swimming Swimming	Swimming Swimming	Swimming Swimming	Striking & Fielding Cricket	
Year 4	Game Sense Game Sense Invasion	Gymnastics Levels and Direction	Health and Wellbeing Mindfulness	Custom Unit Team Building	Athletics Athletics	Net/Wall Tennis
	Custom Unit Multi-Skills	Dance Space	Invasion Netball	Outdoor Adventure Activities Communication & Tactics	Striking & Fielding Cricket	Custom Unit Inter-Form Competitions
Year 5	Game Sense Game Sense Invasion	Gymnastics Counter Balance & Counter Tension	Health and Wellbeing Health Related Exercise	Custom Unit Team Building	Athletics Athletics	Net/Wall Badminton
	Custom Unit Multi-Skills	Dance The Circus	Invasion Handball	Outdoor Adventure Activities Problem Solving	Striking & Fielding Rounders	Custom Unit Inter-Form Competitions
Year 6	Game Sense Game Sense Invasion	Gymnastics Creating Sequences	Health and Wellbeing Health Related Exercise	Outdoor Adventure Activities Leadership	Athletics Athletics	Net/Wall Badminton
	Custom Unit Multi-Skills	Dance Carnival	Invasion Tag Rugby	Custom Unit Team Building	Striking & Fielding Rounders	Custom Unit Inter-Form Competitions
						Swimming Swimming