



# Kensington Community Primary School

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Friday 23<sup>rd</sup> January 2026

Dear Year 1 Parent/Carer,

As part of the PSHE curriculum, pupils will take part in Relationships and Sex Education (RSE) lessons this term. Prior to the delivery of these lessons, parents and carers are invited into school for an information session, which includes a presentation from the PSHE coordinator about primary RSE, an opportunity to view the resources that will be used and an opportunity speak with a teacher from their child's year group. This session will take place on **Wednesday 25<sup>th</sup> February in the school hall from 3:30pm until 4:30pm.**

In **Year 1**, children will receive Relationships and Health lessons, which will cover the following topics:

- Different Friends
- Growing and Changing
- Families and Care

Kind regards,

Miss Cleary  
PSHE/RSE Coordinator



*Scan me*

Scan to complete our  
parent/carer RSE  
questionnaire.