











Kensington Primary School - Week One

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Chicken Burger Day Choose from a crispy chicken or a Veggie burger served in a bun with lettuce and mayo Served with fresh potato wedges and sweetcorn</p> 	 <p style="text-align: center;">Chilli Nachos Choose from minced beef or veggiemince cooked with mild spices, tomatoes, onions, and kidney beans served with rice, Nachos and broccoli</p>	<p style="text-align: center;">Roast Dinner Choose from roast turkey breast or Quorn roast, served with Yorkshire pudding, roast potatoes, carrots, cabbage and gravy</p> 	 <p style="text-align: center;">Chicken Shawarma Chicken thighs marinated in spices and served in a flatbread with a yoghurt dressing, savoury rice, lettuce and cucumber</p>	<p style="text-align: center;">Fish & Chips Choose from either cod fillet fish fingers or Quorn nuggets baked in the oven and served with chips and mushy peas or baked beans</p> <p style="text-align: center;">Curry Sauce also Available</p> 
<p>Jacket Potatoes are also available daily as a hot alternative</p>				
<p>Or</p>				
<p>Delì Bar - Available Everyday Design your own sandwich, first choose your bread - wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, turkey egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
<p>Dessert Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
Ice Cream	Flapjack	Iced Sponge	Shortbread	Chocolate Brownie
<p>Drink A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily</p>				

Kensington Primary School - Week Two

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;">Sausage & Mash Choose from butcher's quality sausages or Quorn sausages served with mashed potato peas and gravy</p> 	 <p style="text-align: center;">Chicken Balti Choose from fresh chicken or Quorn pieces cooked with mild spices, tomatoes and onions served with green beans, rice and Naan</p>	<p style="text-align: center;">Chicken Chow Mein Choose from fresh chicken or Quorn pieces cooked with onions, garlic, green peppers and beans sprouts with stock and soy sauce garnished with spring onions</p> 	 <p style="text-align: center;">Spaghetti Bolognese Choose from fresh minced beef or veggie mince cooked with onions, garlic and herbs, served with spaghetti and broccoli florets</p>	<p style="text-align: center;">Fish & Chips Choose from either cod fillet fish fingers or Quorn nuggets baked in the oven and served with chips and mushy peas or baked beans</p> <p style="text-align: center;">Curry Sauce also Available</p> 
Jacket Potatoes are also available daily as a hot alternative				
<i>Or</i>				
<p>Deli Bar - Available Everyday Design your own sandwich, first choose your bread - wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, turkey, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
Dessert				
Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day				
Ice Cream	Chocolate Cookie	Jam Sponge	Iced Fingers	Chocolate Sponge
Drink				
A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily				