



staying safer online

Phoenix Parents
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helping to make Liverpool's children
and young people

“more digitally aware”

Technology is wonderful





TOMORROW'S WORLD



By 2037 half of newborns will be 'e-babies'. These are tots born to parents who met through dating websites rather than more traditional ways (mutual friends, nightclubs, drunken dalliances at the office Christmas party). The prediction is based on official birth statistics and data from dating site eHarmony. 2035 was named as the year more couples will start meeting online than in the 'real world'.



Technology is wonderful



***"TECHNOLOGY
IS AN ABSOLUTE
NECESSITY TO
ADVANCE HUMAN
IMAGINATION."***



Children and parents: Media **use** and **attitudes** report 2018



Making
sense
Of media

3-4s



1% have their own smartphone,
19% have their own tablet.

96% watch TV on a TV set, for
14h a week.

30% watch TV on other devices,
mostly on a tablet.

36% play games, for nearly **6½h a week.**

52% go online, for nearly **9h a week.**

69% of these mostly use a tablet to go online.

32% watch TV programmes via OTT services (like Netflix, Now TV or Amazon Prime Video).

45% use YouTube, 80% of these say they use it to watch cartoons while 40% say funny videos or pranks.

1% have a social media profile

5-7s



5% have their own smartphone,
42% have their own tablet.

97% watch TV on a TV set, for
around **13¼h a week.**

44% watch TV on other devices,
mostly on a tablet.

63% play games, for around
7½h a week.

82% go online, for around **9½h a week.**

67% of these mostly use a tablet to go online.

44% watch TV programmes via OTT services (like Netflix, Now TV or Amazon Prime Video).

70% use YouTube, 65% of these say they use it to watch cartoons while 61% say funny videos or pranks.

4% have a social media profile.

8-11s



35% have their own smartphone,
47% have their own tablet.

94% watch TV on a TV set, for
nearly **13h a week.**

43% watch TV on other devices,
mostly on a tablet.

74% play games, for around **10h a week.**

93% go online, for around **13½h a week.**

45% of these mostly use a tablet to go online, with 24% mostly using a mobile.

43% watch TV programmes via OTT services (like Netflix, Now TV or Amazon Prime Video).

77% use YouTube, 75% of these say they use it to watch funny videos or pranks while 58% say music videos.

18% have a social media profile.

40% who own a mobile are allowed to take it to bed with them, it's 28% among tablet owners.

12-15s



83% have their own smartphone,
50% have their own tablet.

90% watch TV on a TV set, for
around **13¼h a week.**

62% watch TV on other devices,
mostly on a tablet or mobile.

76% play games, for around
13¼h a week.

99% go online, for **20½h a week.**

53% of these mostly use a mobile to go online, with 23% mostly using a tablet.

58% watch TV programmes via OTT services (like Netflix, Now TV or Amazon Prime Video).

89% use YouTube, 74% of these say they use it to watch funny videos or pranks with same proportion saying music videos.

69% have a social media profile.

71% who own a mobile are allowed to take it to bed with them, it's 61% among tablet owners.



“Bedtime Stories”

in school we teach our
children to use
technologies
SAFELY, RESPONSIBLY
& RESPECTFULLY

TOP TIPS

to help keep your child safer online

Talk to your child about
what they do online and
get them to show you
the apps they use

#1

Encourage them to tell
you if they see anything
online that upsets them

...without fear of sanctions

#2



How old
for
social
media?

13

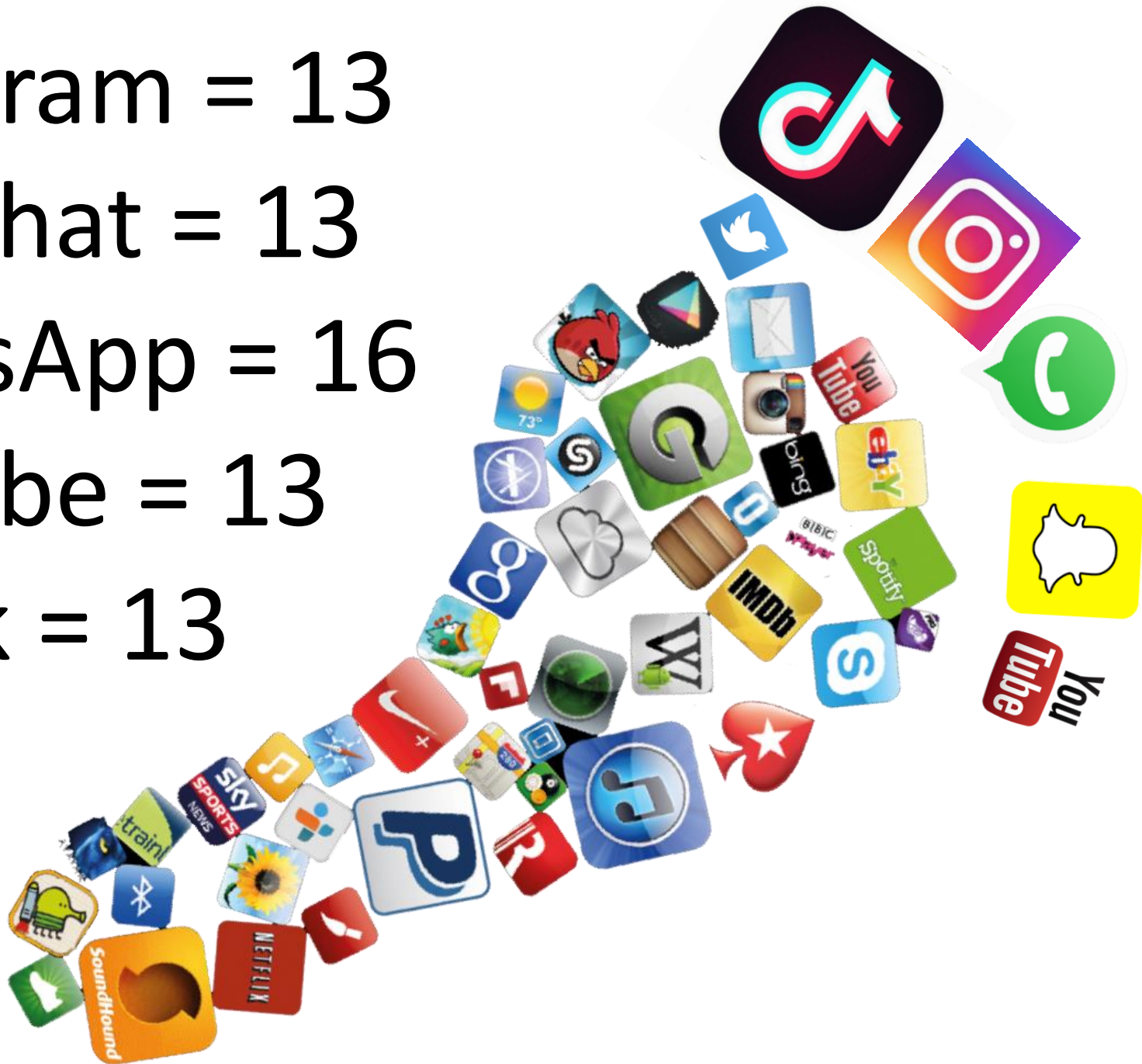
Instagram = 13

Snapchat = 13

WhatsApp = 16

YouTube = 13

TikTok = 13



Know who your child is
talking to online

#3

Breck Bednar, aged 14



Kayleigh Hayward, aged 15



Merseyside children as young as EIGHT are being groomed on Facebook, Instagram and Snapchat

An investigation highlights the huge dangers posed to kids on social media in our region



SHARE

By [Liam Thorp](#) & Claire Miller

05:00, 17 APR 2018

NEWS

In the first nine months of the new offence of Sexual Communication with a Child, there were 1,628 crimes recorded in England and Wales, and police revealed what platform was used in 956 cases.

Of the 78 offences recorded across Merseyside - 25 came via communication on Facebook, 15 on Instagram and 15 on Snapchat.

NEWS

[Home](#) [UK](#) [World](#) [Business](#) [Politics](#) [Tech](#) [Science](#) [Health](#) [Family & Education](#)[England](#) [Local News](#) [Regions](#) [Beds, Herts & Bucks](#)

Paedophile travelled from Glasgow to Luton to meet girl

🕒 17 November 2017 | [Beds, Herts & Bucks](#)

BEDFORDSHIRE POLICE

Robert Burns was jailed for five and a half years at Luton Crown Court

A man who made a 370-mile journey with a cuddly toy and 48 condoms in expectation of raping an eight-year-old girl has been jailed.

Robert Burns, 48, of Wyndford Road, Glasgow, travelled to Luton after exchanging explicit online messages.

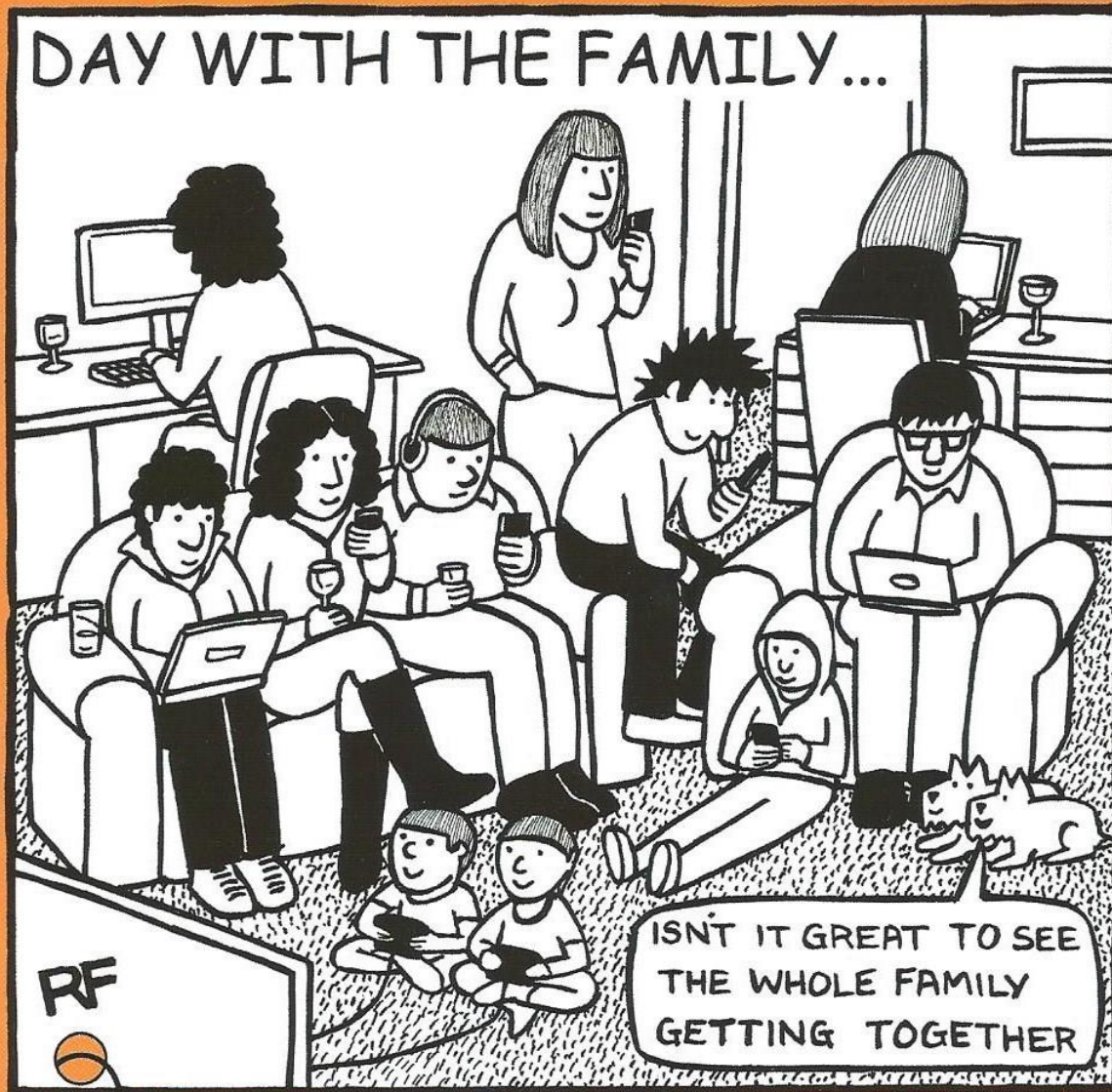
Luton Crown Court heard he was caught in a police operation and was arrested when he arrived at Luton Airport.

He admitted arranging the commission of a child sex offence and was jailed for five and a half years.

Set rules and agree
boundaries

#4







FUNNY% DIE

#DeviceFreeDinner

UK Chief Medical Officers' advice for parents and carers on Children and Young People's screen and social media use

Technology can be a wonderful thing but too much time sitting down or using mobile devices can get in the way of important, healthy activities. Here are some tips for balancing screen use with healthy living.

Sleep matters

Getting enough, good quality sleep is very important. Leave phones outside the bedroom when it is bedtime.



Sharing sensibly

Talk about sharing photos and information online and how photos and words are sometimes manipulated. Parents and carers should never assume that children are happy for their photos to be shared. For everyone – when in doubt, don't upload!



Education matters

Make sure you and your children are aware of, and abide by, their school's policy on screen time.



Keep moving!

Everyone should take a break after a couple of hours sitting or lying down using a screen. It's good to get up and move about a bit. #sittlesmovemore



Safety when out and about

Advise children to put their screens away while crossing the road or doing an activity that needs their full attention.



Talking helps

Talk with children about using screens and what they are watching. A change in behaviour can be a sign they are distressed – make sure they know they can always speak to you or another responsible adult if they feel uncomfortable with screen or social media use.



Family time together

Screen-free meal times are a good idea – you can enjoy face-to-face conversation, with adults giving their full attention to children.



Use helpful phone features

Some devices and platforms have special features – try using these features to keep track of how much time you (and with their permission, your children) spend looking at screens or on social media.



Enforce bedtime rules



...for everyone!



Do not let children take electronic devices into bedrooms, say doctors

Senior medical officers' screen time recommendations include ban on use during mealtimes

Nicola Davis

@NicolaKSDavis

Thu 7 Feb 2019 06.00 GMT



1,776 177



▲ The UK's chief medical officers issued nine pieces of advice to parents to help them manage their children's use of technology. Photograph: Alamy

Parents should not allow children to take phones and other electronic devices into their bedrooms or use them during mealtimes, the UK's leading doctors have said.

The recommendations are two of eight pieces of advice released by the UK's chief medical officers to guide parents on how to manage their offspring's use of technology.

"Time spent online can be of great benefit to children and young people, providing opportunities for learning and skills development, as well as allowing young people to find support and information," said Dame Sally Davies, the chief medical officer for England.

"But we need to take a precautionary approach, and our advice will support children to reap these benefits and protect them from harm."

While the team said there was not enough evidence to issue guidelines on how much time children should spend online or using screens, there was evidence for broader aspects of children's use of technology, based on how it might upset known beneficial activities, including sleep.

Among the pointers, parents and carers are told to tell children not to look at screens when crossing the road, and talk to them about what they are using their devices for.

“4 am Club”

Make sure that content
is age-appropriate

#5

FORTNITE





love island



Help develop your child's
understanding of their
digital footprint

#6

Make it a
positive one!







What does the law say?

Taking, possessing or sharing a sexually explicit picture or video of someone under 18 is against the law. It doesn't matter if they gave you permission, someone else sent it to you, you've never met them before, you are under 18 too, or it's a selfie. You and anyone else involved could be investigated by the police, and this could even affect your future education and employment.




Be vigilant!

#7



“Sharenting”



VOTESFORSCHOOLS Survey – December 2018

16,000 children ages 9 - 16

60% of primary children were against
so-called **“Sharenting”**

*“Although our parents mean well,
sometimes the aftermath of a post can be
disastrous” – Year 6 girl*

What do
children think?



Why I Quit The School WhatsApp Group – And You Should Too

You know what? It's worked. I feel calmer.

huffingtonpost.co.uk



A guide to help your family live
a happy and safe digital life

Digital Parenting

What's on the minds of kids?



internet
matters.org

learn about it
talk about it
deal with it

**BBC
OWN IT**



Great app – a must have!

Best advice...

Take an interest in what your child is doing online – you can learn from them.

If you use social media, model safe, responsible and respectful practice for your child to emulate.

Remember you have the parental wisdom and life lessons are the most important thing that you can teach your child.



Barack Obama ✓ @BarackObama · Aug 13



"No one is born hating another person because of the color of his skin or his background or his religion..."



47K



1.2M



3.0M





Any questions?



Thank you for listening
@silesafety