
















Kensington Primary School - Week One

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Jacket Potato & Panini Day Jacket potatoes and panini with a selection of fillings and served with salad & coleslaw Tuna Mayo, Cheese, Cheese & Ham</p> 	 <p style="text-align: center;">Burger Day Choose from a fresh beefburger or a Veggie burger served in a bun with lettuce and mayo, with or without cheese. Served with potato wedges and coleslaw</p>	<p style="text-align: center;">Chilli Nacho's Choose from fresh minced beef or Vegimince cooked with onions, tomatoes, peppers, red kidney beans and mild chilli powder, served on a bed of rice with tortilla chips and broccoli</p> 	 <p style="text-align: center;">Salt & Pepper Chicken Choose from fresh chicken thighs or Quorn pieces cooked with onions, peppers and salt and pepper seasoning and served on a bed of noodles with sweetcorn</p>	<p style="text-align: center;">Fish & Chips Choose from either cod fillet fish fingers or Quorn nuggets baked in the oven and served with chips and mushy peas or baked beans</p> <p style="text-align: center;">Curry Sauce also Available</p> 
Jacket Potatoes are also available daily as a hot alternative				
Or				
<p>Delì Bar - Available Everyday Design your own sandwich, first choose your bread - wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
<p>Dessert Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
Strawberry Mouse	Chocolate Cake	Vanilla Cookies	Lemon Drizzle Cake	Ice Cream Roll
<p>Drink A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily</p>				

Kensington Primary School - Week Two

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Spaghetti Bolognaise Choose from fresh minced beef or Veggie mince cooked with onions, garlic, tomatoes and herbs and served on a bed of spaghetti pasta with green beans</p> 	 <p>Chicken Katsu Choose from breaded chicken or Quorn nuggets served on a bed of rice with broccoli and a homemade Katsu curry sauce</p>	<p>Sausage Rolls or Cheese Flan A selection of homemade pastries served with mashed potatoes and baked beans, or salad</p> 	 <p>Roast Dinner Choose from roast turkey breast or Quorn roast, served with Yorkshire pudding, roast potatoes, carrots, cabbage and gravy</p>	<p>Fish & Chips Choose from either cod fillet fish fingers or Quorn nuggets baked in the oven and served with chips and mushy peas or baked beans</p> <p>Curry Sauce also Available</p> 
<p><i>Jacket Potatoes are also available daily as a hot alternative</i></p>				
<p><i>Or</i></p>				
<p>Grab Bag - Available Everyday Design your own sandwich, first choose your bread - wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
<p>Dessert Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
Iced Chocolate Cake	Toffee Cornflake Cake	Jelly	Shortbread	Ice Cream Roll
<p>Drink A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily</p>				

Kensington Primary School - Week Three

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Chicken Curry Choose from either diced chicken or Quorn pieces cooked with onions, turmeric, ground ginger, coriander, cumin, coconut milk and ginger and served on a bed of rice with green beans</p> 	 <p style="text-align: center;">Pizza A wholemeal pizza base topped with with a homemade pizza sauce and cheese. Choose from pepperoni or Margaritta served with salad and sweetcorn</p>	<p>Penne Arrabbiata & Chicken Choose from fresh chicken or Quorn pieces served with penne pasta in a mild spiced tomato sauce with broccoli</p> 	 <p>Crispy Chicken Wraps A tortilla wrap filled with shredded lettuce and breaded chicken goujons or Quorn nuggets served sweetcorn and potato wedges. Sweet chilli, Garlic Mayo or BBQ sauce also available</p>	<p>Fish & Chips Choose from either cod fillet fish fingers or Quorn nuggets baked in the oven and served with chips and mushy peas or baked beans</p> <p style="text-align: center;">Curry Sauce also Available</p> 
<p>Jacket Potatoes are also available daily as a hot alternative</p>				
<p><i>Or</i></p>				
<p>Grab Bag - Available Everyday Design your own sandwich, first choose your bread - wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
<p>Dessert Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
Eaton Mess	Iced Fingers	Chocolate Cookie	Chocolate Brownie	Ice Cream Roll
<p>Drink A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily</p>				