
















# Kensington Primary School - Week One

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: center;"><b>Chicken Curry</b></p> <p>Choose from either diced chicken or Quorn pieces cooked with onions, turmeric, ground ginger, coriander, cumin, coconut milk and ginger and served on a bed of rice with green beans</p> 	 <p style="text-align: center;"><b>Pasta Carbonara</b></p> <p>Cooked pasta mix with bacon, eggs and cheese then seasoned with salt and pepper and served with broccoli (served without bacon for vegetarian option)</p>	<p style="text-align: center;"><b>Baked Beef Pasta or Lasagne</b></p> <p>Choose from minced beef or veggie mince cooked with onions, garlic, tomatoes and herbs and mixed with penne pasta and served with peas</p> 	 <p style="text-align: center;"><b>Roast Dinner</b></p> <p>Choose from roast turkey or Quorn roast, served with Yorkshire pudding, roast potatoes and carrots</p>	<p style="text-align: center;"><b>Fish &amp; Chips</b></p> <p>Choose from either battered cod fillet, cod fillet fish fingers or Quorn baked in the oven and served with chips and peas or baked beans</p> 
<b>Jacket Potatoes are also available daily as a hot alternative</b>				
<b>Or</b>				
<b>Deli Bar - Available Everyday</b>				
Design your own sandwich, first choose your bread - wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.				
<b>Dessert</b>				
Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day				
Chocolate Cake	Rice Pudding	Shortbread	Carrot Cake	Ice Cream
<b>Drink</b>				
A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily				

# Kensington Primary School - Week Two

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Chicken Katsu</b> Choose from breaded chicken or Quorn nuggets served on a bed of rice with broccoli and a homemade Katsu curry sauce</p> 	 <p><b>Mac &amp; Cheese</b> Cooked macaroni pasta served in a homemade creamy cheese sauce served with peas (crispy bacon available as a topping)</p>	<p><b>Pizza</b> Choose from Margarita or Pepperoni served with sweetcorn and pasta spirals</p> 	 <p><b>Sausage &amp; Mash</b> Choose from quality butcher's sausages or Quorn sausages served with homemade mashed potato, peas and gravy</p>	<p><b>Fish &amp; Chips</b> Choose from either battered cod fillet, cod fillet fish fingers or Quorn baked in the oven and served with chips and peas or baked beans</p> 
<b>Jacket Potatoes are also available daily as a hot alternative</b>				
Or				
<p><b>Delì Bar- Available Everyday</b> Design your own sandwich, first choose your bread - wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
<p><b>Dessert</b> Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
Vanilla Biscuits	Chocolate Cake	Fruit Biscuit	Flapjack	Ice Cream
<p><b>Drink</b> A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily</p>				

# Kensington Primary School - Week Three

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><b>Penne Arrabbiata &amp; Chicken</b> Choose from fresh chicken or Quorn pieces served with penne pasta in a mild spiced tomato sauce with sweetcorn</p>	<p><b>Allday Breakfast</b> Choose from butcher's quality pork sausages or Quorn sausages, served with scrambled egg, baked beans, and tomatoes</p> 	 <p><b>Grandmother's Ragu Pasta</b> Choose from minced beef and pork or Veggie mince cooked with onions, garlic, tomatoes and herbs and mixed with pasta and served with garlic bread and broccoli</p>	<p><b>Pad Thai Noodles</b> Choose from fresh chicken or Quorn pieces stir fried with rice noodles, onions, garlic, eggs, bean sprouts, red pepper and soy sauce, served with peas</p> 	<p><b>Fish &amp; Chips</b> Choose from either battered cod fillet, cod fillet fish fingers or Quorn baked in the oven and served with chips and peas or baked beans</p> 
<p><b>Jacket Potatoes are also available daily as a hot alternative</b></p>				
<p><b>Or</b></p>				
<p><b>Deli Bar - Available Everyday</b> Design your own sandwich, first choose your bread - wraps, assorted batch, or sliced bread, then choose your filling a selection of the following will be available daily - ham, cheese, tuna, Chinese chicken, turkey, roast beef, egg and finally finish with a choice of salad - carrot sticks, cucumber, cherry tomatoes, iceberg lettuce, sweetcorn, coleslaw, beetroot and peppers.</p>				
<p><b>Dessert</b> Fresh Fruit, Fruit Pots, Yogurts and Cheese and Crackers are available daily along with the dessert of the day</p>				
Chocolate Biscuits	Vanilla Cake	Apple Crumble & Custard	Fruit Scone	Ice Cream
<p><b>Drink</b> A selection of fresh fruit juice and fresh milkshakes, milk and water will be available daily</p>				